**Preparing for your child’s initial appointment with Anke Zimmermann, BSc, FCAH**

Thank you for booking an initial appointment. Please download the relevant child intake form from my website at [www.ankezimmermann.net](http://www.ankezimmermann.net) if I did not already send it. The forms are found in the ‘Forms and Fees’ section. They are in word format. Please type in the forms, do not handwrite, and return them via email in one piece. Please do not photograph them and send the pages individually.

Please also provide the following, **if possible**, especially if your child is affected by a developmental or behavioural challenge:

1. Baby photos, ideally newborn, 1 month, 2 months, 3 months, 6 months, 12 months, 2 years, 3 years and current. Ideally close-ups of the face and head. No more than 2-3 photos per month or year please. Make sure to send the photos are in large format so I can clearly see the hair pattern, eyes, eyelashes - if possible. This information can be very helpful to understand any inherited predispositions, and also helps me to identify at what age the child deteriorated if applicable.
2. Any medication or vaccination records, including medications mother had during pregnancy, labour and delivery. Ideally obtain vaccination records from your provider as they will contain the names and brands of the vaccines, which the parents’ records often do not specify. I’m looking for names like Infanrix, Pediacel, Proquad, Neisvac etc. Once you have the vaccine and medication records, please organize them in chronological order using the vaccine and medication log sheets available under forms on my website. This will help me tremendously. I realize that sometimes the information on the vaccine names can’t be obtained, in which case I will use the best estimate. Your child can still be helped.
3. 5-10 pieces of handwriting, artwork, scribbles etc, if applicable. Current material is best.
4. Copies of any relevant assessments performed on your child.
5. A favorite toy or object your child might like to show me during the interview if child is able to.

Please email information all at once at least 24 – 48 hours prior to your appointment. Please minimize number of emails as I receive over 100 emails a day.

Thank you!

Anke